

NEEDHAM HIGH SCHOOL

NEWS FROM THE HILL

NOVEMBER 30 , 2023

Save the date!

Monday, December 4 - *Electronics donation drive begins - drop off bins are in the Library and Main Office*

Tuesday, December 5 - *School the World Info Session - 7pm at NHS*

Wednesday, December 6 - *Early Release (Dismissal at 11am)*

Wednesday, December 13 - *Last day for NHS Holiday Fund gift card collection*

Friday, December 15 - *Friends of Music WinterFest fundraiser - 7pm at NHS*

Friday, December 22 - *Deadline to submit applications for the Peter J. Eloranta Scholarship - 4pm*

Monday, December 25 - Monday, January 1 - *Winter Recess*

NHS Holiday Fund

The "Holiday Season" is upon us. As many of you know, for many years the NHS faculty and staff have shared some of that holiday cheer, in part by contributing to the "[**NHS Holiday Fund**](#)". We are embarking on this wonderful annual tradition again this year.

If you are willing and able, please consider contributing to the *NHS Holiday Fund*. Your contribution augments generous contributions from our PTC and the Needham High School staff. Last year we were able to provide 122 Needham families with over \$10,000 worth of gift cards. The Counseling Department discretely distributes gift cards to students and families who have been identified as those who would benefit from some financial assistance this time of year.

If you would like to contribute to the fund, please drop off gift cards (MasterCard/Visa, Target, Sudbury Farms, Walgreens) to Danielle Doherty, in the Main Office. Your contribution will be very appreciated.

The NHS Holiday Fund officially opened on Monday, November 27, and will collect until **Wednesday, December 13th**. I'm happy to answer any questions you may have, and I'll send out reminders and updates periodically.

While this season's holidays and family traditions may differ, for many of us, it is nevertheless a fun and celebratory time of the year. Thank you, in advance, for contributing, and brightening the holidays for our Needham families in need.

Best wishes for your own celebration.

Dana Plunkett
Director of Counseling, 7-12

NEF Funds 9 Fall Grants — Including One For Needham High!

In its fall grant cycle, Needham Education Foundation (NEF) awarded 9 grants totaling \$30,501 that will benefit students throughout the Needham Public Schools. The grant that will directly impact students at Needham High includes:

- A workshop with Cued@s, an organization that provides embroidered clothing to support mental health, for students in the Connections program at **Needham High School**. Connections is a therapeutic program developed to meet the needs of students with emotional disabilities. The tactile nature of the embroidery serves as a built-in de-escalation technique to help remind the wearer that they are safe, loved, and valued. The workshop will provide students the chance to embroider clothing to donate to a local mental health organization and to embroider a sweatshirt for themselves.

— Awarded to *Katherine McMahon, Special Education teacher*

To learn more about all of the grant awards and how you can help the NEF support innovative and enriching programs in the Needham schools, please visit nefneedham.org.

Peter J. Eloranta Scholarship

The Peter J. Eloranta Scholarship Fund was established to honor the memory of Peter J. Eloranta, a graduate of Needham High School, Class of 1964. Mr. Vaita K. Eloranta bequeathed a sum of money and established a scholarship fund in his son's name. This fund provides support to Needham High School students who wish to pursue additional educational opportunities outside of the high school's regular course offerings.

Please see the [link](#) for details about the Peter J. Eloranta scholarship and the steps to complete the application process.

Deadline for applications is Friday, December 22 at 4 pm.

WinterFest Fundraiser

WinterFest is coming to the NHS Auditorium on **Friday, December 15th at 7pm!**

Please join us for this family-friendly and celebratory annual fundraising event, held by NHS Friends of Music in partnership with the NHS Fine and Performing Arts Department.

This highly anticipated concert will feature loads of NHS talent including the NHS Jazz Ensemble, the NHS String Orchestra, a wonderful selection of individual and group musical acts and all four NHS a Cappella groups: Counter Point; Fermata Nowhere; the Subway Dwarves and the Treble Rebels!

Please use this link to purchase your tickets in advance:

[TicketStage - Needham High School Friends of Music Tickets.](#)

Tickets will also be sold at the door until concert sells out.

See you at the show!



NHS Boys Lacrosse - Holiday Merch Store

Open now through December 10th.

Get your shopping done early!

Visit the link below to view all of the branded items. (Payment and delivery is direct with the merchant).

[Boys Lax Store](#)

A limited supply of Needham Lacrosse and Needham Rockets folding chairs are also available.

If interested, please contact:

friendsneedhamlacrosse@gmail.com



NHS Boosters Club – Christmas Tree Sale

The Needham High School Boosters Club is hosting its annual Christmas Tree Sale!

Through the holiday season: **Thursday/Friday 4-7pm** and **Saturday/Sunday 9am-6pm**.

All proceeds benefit NHS Athletics. Thank you to our sponsors at The Village Club.

<https://needhamhighschoolboosters.org/>

School the World – Info Session 12/5

Date/time: Tuesday, 12/5 7pm-8pm

Location: NHS Media Center Classroom

Contact: info@schooltheworld.org

Join us to learn about School the World's 2024 high school service trips! STW's Student Service Program provides an inspiring service experience for High School Students. While traveling to Guatemala, Panama, or Honduras, they will get to experience a new culture, make new friends, fulfill service hours and create lasting relationships with the kids in the community! All while supporting our infrastructure growth by building a school and/or a playground! Join us on December 5 to hear from past Needham student travelers about their experiences, and ask questions about our 2024 programs!

Flyers and Reminders – 11/30 Updates

MITCHELL'S BOSTON FAMILY & FRIENDS
TOGETHER WITH NEEDHAM HIGH SCHOOL'S
BLACK STUDENT UNION AND
LATINO HISPANIC STUDENT UNION
PRESENT

Christmas in the City Toy Drive & Volunteer

- Please join BFF, BSU and LHSU in
- donating an unwrapped toy from the list below
 - volunteering on 12/6 for our Wrapping Party
 - volunteering on 12/16 in Boston
 - all three!

DEC. 6 - 12:15 - 2:45 PM
WRAPPING PARTY @ MITCHELL
DEC. 16 - 1:30 - 3:30 PM
@ 316 HUNTINGTON AVE, BOSTON

PLEASE USE LINK BELOW FOR TOY GUIDANCE THEY ARE FROM THE KIDS WISHLISTS, MUST BE COLLECTED BY 12/6 PLEASE SIGN UP FOR THE VOLUNTEER SLOTS USING THE SIGN UP GENIUS BELOW

AMAZON WISHLIST



FOR MORE INFORMATION ABOUT CITC PLEASE VISIT
[HTTPS://CHRISTMASINTHECITY.ORG/](https://CHRISTMASINTHECITY.ORG/)



SIGN UP GENIUS



Class of 2026

FOOD DRIVE

Please help us collect non-perishable foods for the Needham Community Council. This food drive serves many families in need within our community.

DROP-OFF LOCATION:

IN YOUR HOMEROOM, A BOX WILL BE LOCATED TO DROP OFF ANY FOODS





DONATE YOUR ELECTRONICS!

DECEMBER 4TH - JANUARY 26TH

We accept all electronics except:

- Laptops/computers/monitors
- Calculators
- Game consuls









Drop your electronics in the bins in the library or main office! The electronics can be in any condition! Donating your old electronics will help preserve Coltan (a harmful material to gorilla habitats).



High School Lunch Menu December 2023

All Meals are FREE to all students!

ala Carte Items (yogurt, water, snacks) are an extra

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Download our app search "School Nutrition & Fitness" or "Web Menus"</p>  				<p>1 GILL'S PIZZA Bean of the Day Light Caesar Salad Chocolate Chip Cookies</p>
<p>4 WHOLE GRAIN PANCAKES CHICKEN SAUSAGE PATTY Hash Brown Potatoes 100% Fruit Juice Spinach Salad with Craisins and Feta</p>	<p>5 STEAK & CHEESE SUB Crispy Onion Rings Marinated Cucumber Salad</p>	<p>6 Bento Box to Go Early Release Day Bento Box Lunch (Cheese Tubex, Cut Veggie, Fruit, MN & Goldfish Crackers)</p> 	<p>7 HOMEMADE MAC & CHEESE Broccoli Tomato Basil Mozzarella Salad</p>	<p>8 GILL'S PIZZA Bean of the Day Light Caesar Salad Pudding</p> 
<p>11 FRENCH TOAST CHICKEN SAUSAGE PATTY Hash Brown Potatoes 100% Fruit Juice Mandarin Orange Salad</p> 	<p>12 CRISPY CHICKEN TENDERS Sweet Baby Peas Steamy Mashed Potatoes WARM BISCUIT Light Italian Salad</p>	<p>13 GYRO (Beef) SANDWICH Tabouli Salad Tzatziki Greek Salad</p>	<p>14 CHEESE TORTELLINI in GARLIC PARMESAN SAUCE MEATBALLS Grated Parmesan Cheese Garlicky Fresh Green Beans Tomato Basil Mozzarella Salad Raw Vegetables</p>	<p>15 GILL'S PIZZA Bean of the Day Light Caesar Salad Ice Cream</p>
<p>18 GRILLED CHEESE SANDWICH HOMEMADE MINESTRONE & TORTELLINI SOUP Spinach Salad</p>	<p>19 MANDARIN ORANGE CHICKEN BROWN RICE Fresh Green Beans Wonton Tossed Salad w/Sesame Dressing Fortune Cookie</p>	<p>20 PRINCIPAL SCOTT'S CRISPY CHICKEN SANDWICH Baked Potato Chips Dill Pickle Chips Creamy Broccoli Salad</p>	<p>21 PASTA MEATBALLS Grated Parmesan Cheese Roasted Local Carrots Tomato Basil Mozzarella Salad</p>	<p>22 GILL'S PIZZA Bean of the Day Light Caesar Salad Ice Cream</p> 
<p>25 </p>	<p>26 <i>Winter Break</i></p>			<p>29 </p>

Daily Lunch Options:

- Various "To Go" Salads
- Smucker's WG Uncrustables
- PBJ Pockets
- Hamburger (except Beefless Mondays)
- Chicken Patty Sandwich (Plain & Spicy)
- Vegetarian Burgers and Nuggets

Mondays, Wednesdays, & Fridays:
Whole Grain Cheese Pizza

All Entrees served with Veggies, Fruit and Milk


Everyday Entree Nutritionals



Manager's Daily Special for December
Asian Salad and Wrap Lettuce:

- mandarin oranges,
- edamame, cucumbers,
- shredded carrots,
- crunchy chow mein noodles, with or without chicken




**NEEDHAM
INFO SESSION**
 LEARN ABOUT
 2024 SERVICE TRIPS!
DECEMBER 5 @ 7PM
 NEEDHAM HIGH SCHOOL

**The Fine & Performing Arts Department
invites you to the viewing of our
2023 Fall Art Show**



Using ART as a form of communication

- To express ourselves
- To convey ideas
- To connect with others

In this show you will find a range of work by students from all disciplines, exploring the themes of expressions and emotions. As artists, we often use the framework of the human experience in our work in order to convey a sense of connection with ourselves as well as others.

Artists often use their work as a vehicle to demonstrate feelings that may be otherwise challenging to convey. They make choices to communicate emotions through storytelling, symbolism, lighting and compositional choices. In this show, artists express ideas and emote through applications of line weight, mark making, color, form, texture application, sound and various material choices.



Expressions & Emotions
On Display in Gallery 450
through January 2024.

SENIORS – Cap & Gown Information

Thank you to those of you who have ordered caps and gowns and have filled out the Google Form. If you have not already done so, we ask that you please complete these steps.

[Link](#) to purchase caps and gowns

[Link](#) to fill out Google Form

Needham Community News – 11/30 Updates

Thank a Teacher with NEF Gratitude Cards

Show your gratitude for a special teacher, coach, or mentor in your child's life by making a donation in their name to the Needham Education Foundation. When you purchase NEF Gratitude Cards, you let teachers know how much they are appreciated while also providing vital financial support for funding teachers' innovative ideas and professional development opportunities through NEF grants. Needham's students and teachers benefit from your generosity!

Choose from two ways to purchase cards:

1. In Stores: Purchase Gratitude cards in local stores for you or your child to personalize and deliver. Visit Volante Farms, Proud Mary, and the Roche Bros & Sudbury Farms courtesy desks through December 22nd.
2. Online: Order Gratitude Gram e-cards at www.nefneedham.org/support/cards/ and NEF will send your personalized message directly to teachers for you!

All cards are \$10 each. Please visit www.nefneedham.org for more information.

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Toys for Tots

The Needham Police Department has partnered with Toys for Tots to take in toys for kids across Massachusetts.

There are 3 bins in the lobby of the police department where unwrapped toys can be dropped off!

Police Department address: 99 School St, Needham, MA 02492



Need childcare or just a fun day out for the kids? Participants will enjoy crafts and classic games like dodgeball, kickball, pickle and much more both indoors and outdoors (weather permitting). December 26- 29, 9:00am-4:00pm. Purchase a day pass for \$60 or the full week (4 days) for \$200.

Registration ends on 12/21

https://needhamprograms.myrec.com/info/activities/program_details.aspx?ProgramID=30254



Rethinking Success

Rethinking Success is a newsletter developed by Needham community members, we are a group of parents, educators, health care providers, and community advocates. We were concerned with the 2021 Metrowest Adolescents Health Survey Mental Health data and decided to work together to identify, address, and offer support to families in Needham. We will address all aspects of mental health pertaining too:

- Children through young adults
- Families
- Parenting
- Education

all through the lens of youth mental health.

In Rethinking Success?, we do the research so you don't have to! We'll dive into common beliefs and pull them apart to see if they live up to the promise of student success.

Please read our latest article here: <https://www.spanneedham.org/rethinking-success>



SHOULD WE

Rethinking Success?

RETHINK SUCCESS

Brought to you by  www.spanneedham.org



www.spanneedham.org/rethinking-success

Standing Bulletins

Attendance Policies & Procedures

Please see this [link](#) to review NHS Attendance Procedures.

NHS Counseling Department

Be sure to keep up with the latest news on the [NHS Counseling Department Newsfeed](#) and mark your calendars for upcoming parent evenings. Students can access the latest scholarship, community service and job opportunities as well as other relevant information. The newsfeed is updated regularly so be sure to make a point of checking this regularly!

After School Snack Program

Delicious and nutritious snacks are available for purchase every day after school.

Where: NHS. Between the A Gym & Weight Room

When: 2:35-3:00. Every day after school

Cost: Prices range from \$.50 to \$3.00

Students can pay by cash or use their school lunch account PIN#.

Request for Reduction of Fees Form

Please complete [this](#) form, if your family is experiencing financial hardship and you would like to be considered for a reduction of school related fees.

Lost and Found - Main Office

Students who find lost items can bring them to the lost and found area located in the Main Office. Students who lose items are welcome to come to the Main Office where they can fill out the Lost and Found form. The lost and found bin will be available throughout the school year and items are *typically donated before school breaks if they are not claimed.*

Academic Recourses

Math Help Available!

Wednesdays: 9:00am-12:45pm

Come to the Math and Science office Room 205

Please note: This schedule may vary on occasion during the school year.

NHS Writing Center

What we are: A peer tutoring service. Students can come for help on any writing assignment for any subject.

Who we are: Juniors and seniors who are skilled writers, recommended by their English teachers, trained as peer tutors.

Where we are: LIBRARY CLASSROOM (new location)

When we meet: During X-block on Tuesdays and Thursdays (new time)

Students must sign up for X-block Writing Center with adaptive scheduler on PowerSchool.

AND after school on Wednesdays (also in Library Classroom)

No appointment necessary for after school Writing Center -- just walk in!

HOMework CLUB

TUESDAYS 7:30-8 * THURSDAYS 2:35-3:30

@TheNHSLibrary

ACCESS
TO
TEXTBOOKS



HELP
FROM
PEERS



HELP
FROM MS.
ROWSE



QUIET
SPACE
TO WORK

For more information, email: paige_rowse@needham.k12.ma.us



Danielle Doherty

Danielle is using Smore to create beautiful newsletters

