

NEWS FROM THE HILL

October 5, 2023

Save the date!

Saturday, October 7 - Girls Soccer program Pink Night Fundraiser (JV1 at 4pm, Varsity at 6pm)

Monday, October 9 - No school (Indigenous Peoples' Day)

Wednesday, October 11 - STW's Student Service Program Info session 7pm

Saturday, October 14 - Friends of Music Student Fundraiser 11am-2pm

Saturday, October 14 - PSAT Test day, doors open at 7:30am

Saturday, October 28 - NHS Craft Fair and Bake Sale 9am-3pm

Friday, November 3 - Photo Retake Day 8am-11:15am

Wednesday, November 8 - Early Release 11am



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				CPT 7:30 - 8:25 (55)
BLOCK 1 8:00-9:20 (80)	BLOCK 1 8:00-9:20 (80)	BLOCK 1 8:00-9:20 (80)	BLOCK 1 8:00-9:20 (80)	BLOCK 1 8:35-9:55 (80)
X-BLOCK 9:25-9:55 (30)	X-BLOCK 9:25-9:55 (30)	Advisory (no movement) 9:25-9:55 (30)	X-BLOCK 9:25-9:55 (30)	
BLOCK 2 10:00-11:20 (80)	BLOCK 2 10:00-11:20 (80)	BLOCK 2 10:00-11:20 (80)	BLOCK 2 10:00-11:20 (80)	BLOCK 2 10:00-11:20 (80)
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GIRLS SOCCER TEAM FUNDRAISING

Needham High School Girls Soccer Program Fundraising for Dana Farber's Mammography Van

Please join the Needham Girls Soccer Program at Pink Night as we launch our month-long fundraising initiative to benefit the Dana Farber Cancer Institute

[Needham HS Girls Soccer - Breast Cancer Fundraising Page](#)

JV2: Oct 4 @ 4 pm @ Conroy Field, DeFazio

JV1: Oct 7 @ 4 pm @ Memorial Field

Varsity: Oct 7 @ 6 pm @ Memorial Field

Needham High School Girls Soccer Program has chosen to work with Dana Farber Cancer Institute (DFCI) to raise money and awareness for breast cancer prevention. Funds raised will directly support the DFCI mammography van that goes to underserved communities to provide resources and access to annual breast exams. Thank you to each and every person that chooses to donate.



NHS Oracle October 4, 2023
We are happy to share the great turn out at this year's Oracle! Students were able to share information about their clubs with their peers!



Miss the Oracle?

If you missed the Oracle and would like the chance to learn about club opportunities at NHS, please see the link below!

[NHS Club Site](#)

Class of 2027 Class Officer Election Results

**CONGRATULATIONS TO THE CLASS
OFFICER WINNERS FOR THE 2023-2024
SCHOOL YEAR**

PRESIDENT - WILLIAM SONG

VICE PRESIDENT - JONATHAN PAT

TREASURER - DANNY CULP

SECRETARY - ASHA PADMANABHAN

'CLASS OF 2024 EATS LOCAL' IS BACK!

Please consider supporting the Class of 2024 next **Thursday, October 12th**, by purchasing food from Panera on Highland Ave.

Panera
FUNDRAISING



Help support us!

Needham High School Class of 2024

20%
**OF SALES
WILL BE
DONATED**

October 12, 2023
All Day
120 Highland Avenue, Needham, MA

Use code **FUND4U** at online checkout, in the Panera App,
or at the kiosk in-cafe.*

Bring this flyer or show a digital copy to your cashier when ordering at the cafe or enter the promo code FUND4U at checkout on Panerabread.com or the Panera App to ensure your organization gets a portion of the proceeds.**

Learn more at fundraising.panerabread.com

©2023 Panera Bread. All Rights Reserved.

*Gift card and catering order placed on Panerabread.com, and delivery orders placed through third-party sites are excluded and will not count towards the event. Other restrictions apply. For complete details, visit: <http://fundraising.panerabread.com/terms-conditions/>. **Services vary by café.

This flyer or a digital copy must be shown in order for your purchase to count towards our cause. Enter the promo code FUND4U when ordering online or in the app.

HOMework CLUB

TUESDAYS 7:30am-8:00am
THURSDAYS 2:35pm-3:30pm
@TheNHSLibrary



ACCESS TO
TEXTBOOKS

QUIET SPACE
TO WORK



HELP FROM
PEERS

For more information, email
paige_rowse@needham.k12.ma.us

Open House Message

From Mr. Sicotte

For those of you who were unable to join us for the Open House, please see the [link](#) to Mr. Sicotte's Open House Message!

Important PSAT Update!

PSAT Test Takers (10th & 11th graders)!

PSAT registration has closed. All registered students should have received an email with their sign-in ticket to access the Collegeboard Bluebook testing application to prepare for and ultimately take the PSAT at Needham High on **October 14th**.

You can use a personal device (PC or mac) or school issued Chromebook for testing. Prior to test day you **MUST** access the Bluebook app and complete the SET UP. This should take roughly 15 minutes.

On Personal Computers you will need to [download the Bluebook app](#) from the app store. On school issued Chromebooks you need to sign out completely and then access the Bluebook app from the app menu at the bottom of the screen.

Please contact Mr Grannan if you have any questions and/or have difficulty accessing the Bluebook app

On Test Day (**Saturday, Oct 14th**):

- Enter through the cafeteria doors on Webster St. side.
- Doors will open at **7:30 am** (all students should be in their testing rooms by **8:00 am**)
- Standard Time test takers should finish by **10:45 am**.
- Extra time test takers should finish by **12:00 pm**.
- Bring a school ID (or some other form of picture ID)
- Bring a testing device (fully charged). You should have already used this device to access the Bluebook testing application.
- Bring pen(s)/pencil(s) for note taking/problem solving on scratch paper.
- You may bring an approved calculator (there is a calculator in the Bluebook testing app as well).

The second time's the charm!



If you are not completely satisfied with your child's student portrait and would like another try, you have the opportunity for a retake on: **11/3/2023**

Please return the undamaged portrait package to the photographer on Retake Day. If your school has class photos, please keep it and just return the individual portraits. If you have any specific instructions for the photographer, please jot them down so they show through the envelope window and can be easily spotted.

Retake packages will be distributed at the school approximately 3-5 weeks following Retake Day.

For refund information, please visit www.coffeepond.com
Email us at lifeguards@coffeepond.com
Call us in Eastern MA at (508) 907-6633 ext. 0
or outside Eastern MA at (800) 632-2323 ext. 0

Calling All NHS Performing Arts and Music Students!

We need YOU for the 2023 FOM FUNdraiser!

October 14th 11am-2:00pm

(select your 90 minute shift in the sign up)

Due to a technical glitch beyond our control, we lost all data associated with the previously distributed Google Sign Up Form. Please sign up here again, even if you signed up on the original form. We apologize for this inconvenience. Thank you!

WHAT and WHEN: Friends of Music (FOM), the NHS performing arts Booster Club, will hold this year's Student FUNdraiser on Saturday, October 14th from 11:00am – 2:00pm - students will choose a 90 minute shift in the sign up – or stay for both shifts!

WHY: This fun activity is not only a terrific community building opportunity, but it raises necessary funds for Performing Arts programming, enhancing the experience for all NHS performing arts students. We are thrilled to offer our students the opportunity to FUNdraise for the performing arts in which they thrive.

WHO AND WHAT TO EXPECT: A mix of band, chorus, tech crew, orchestra, a Cappella, theater, school musical, SAMD, and school play students/participants will gather, by grade, to host a FUNdraising table at one of 4 high traffic areas in Needham. Students will engage passers-by and fundraise for FOM. We will provide handouts and tools to help them talk about their performing arts experiences. We will notify you of the locations the week prior to the event.

PRIZE: The participating members of the grade which collects the most money will win a prize! The winners will be announced at the Winterfest concert in December.

STUDENTS: Sign up [HERE](#) today to participate, let's get excited!

PARENTS: Sign up [HERE](#) to volunteer, thank you for your support!

Please contact Linda at lhill@NHSfriendsofmusic.org with any questions.

*f*OM
Needham High School
FRIENDS OF MUSIC

Needham Online Safety Coalition

Online Safety from the Perspective of a Needham High School Student

Written by: Ray Winig, a NHS Senior.

Online Safety from the Perspective of a Needham High School Student:

Adolescent online safety and social media usage are critical issues for both caregivers and youth to be aware of. As a 17-year-old in Needham, these are issues concerning and pertinent to me and my life. Yet the most commonly used tactics for discussing internet usage go too far into an all-or-nothing approach, and what for a teen can feel like authoritative and unfair control by their parents/guardians.

We've seen the failures of abstinence-only sex education- telling young people to never engage in risky or potentially risky behaviors is ineffectual, and results in youth who don't know how to keep themselves safe in sexual situations. The same is true of online safety. Messaging that social media is unequivocally bad rings hollow for many teens, and we are subsequently left without any tools to actually stay safe online and protect our data and personal information. The online safety discussion can benefit greatly from a harm reduction framework, which recognizes simultaneously that the internet is becoming a larger part of our daily lives, can pose a variety of dangers, particularly to young people, and that there are strategies and habits that can help people be safe online and maintain a healthy relationship with social media and internet use.


That's why, particularly for older adolescents, it's critical for caregivers to work *with* their children. Young people, more often than not, want to stay safe online and not have social media constantly absorb their attention. But when told by adults that the internet is always negative or dangerous, it becomes easy to slip into a combative mindset. Though it seems self-evident, adolescents are also people, with a desire to exert their autonomy and values in their lives. The most productive relationships between caregivers and teens are those that strive to work as a team, recognizing a shared value of safety, the capacity of both parties to make good and bad choices, and that making mistakes is natural and part of learning, particularly for teens.

See this [Online Safety Family Dialogue Guide](#), created by the Needham Online Safety Coalition, to help you start a conversation with your tween or teen.

Info session 10/11: STW's Student Service trips!

Join us to learn about School the World's 2024 high school service trips! STW's Student Service Program provides an inspiring service experience for High School Students. While traveling to Guatemala, Panama, or Honduras, they will get to experience a new culture, make new friends, fulfill service hours and create lasting relationships with the kids in the community! All while supporting our infrastructure growth by building a school and/or a playground! Join us on **October 11** to hear from past Needham student travelers about their experiences, and ask questions about our 2024 programs!



 **SCHOOL THE WORLD**
NEEDHAM INFO SESSION
LEARN ABOUT
2024 SERVICE TRIPS!
OCTOBER 11 @ 7PM
NEEDHAM HIGH SCHOOL





Needham High School College Admissions Testing

Summit Educational Group is pleased to partner with Needham High School to present an informational online webinar about the standardized tests for college admissions and to offer a free proctored practice ACT at the high school. Here are the details:

ONLINE WEBINAR FOR FAMILIES AND STUDENTS

COLLEGE ADMISSIONS TESTING: YOUR ROAD MAP TO THE SAT AND ACT

Tuesday, October 11; 7:00pm - 8:15pm

Registration link: <https://register.gotowebinar.com/register/8731341017401898330>

PRACTICE ACT

**Saturday, October 21
8:30am - 11:30am**

Needham High School Cafeteria

Register by Friday, October 13 https://summit.onecanoe.com/registration/create?event_code=PASo4o9

Note: if your student has accommodations, please contact Summit's main office at 617.581.6249 to make arrangements for either a free in-person or free remote practice ACT with extended time.

AFTER SCHOOL SNACK PROGRAM

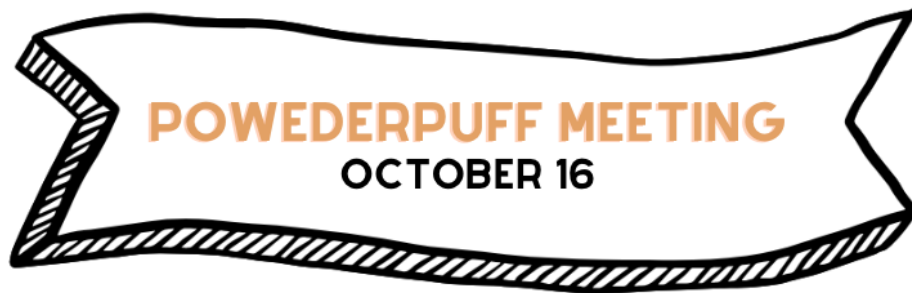
Nutrition Services will be selling snacks from **2:35-3:00 p.m.** located between the A Gym and the Weight Room entrance. Students can either pay in cash or use their school lunch account.

Some examples of snacks we will be selling are:

Bento Boxes
Energy Bites
Hummus snack cups
Yogurt and yogurt parfaits
Peanut Butter and Jelly Pockets
Wrap Sandwiches
Chips & Salsa/Guac
Water
Vitamin Water
Seltzer

We will be rolling out other ideas that people send our way - please email us with suggestions!

We look forward to this new program, please contact us with any questions you may have.



Senior girls are invited to meet at the **A Gym** at **2:45pm** for a Powderpuff meeting on **Monday, October 16**. The meeting will be about 15 minutes and in that time students will receive schedules and permission slips.

For further inquiries:

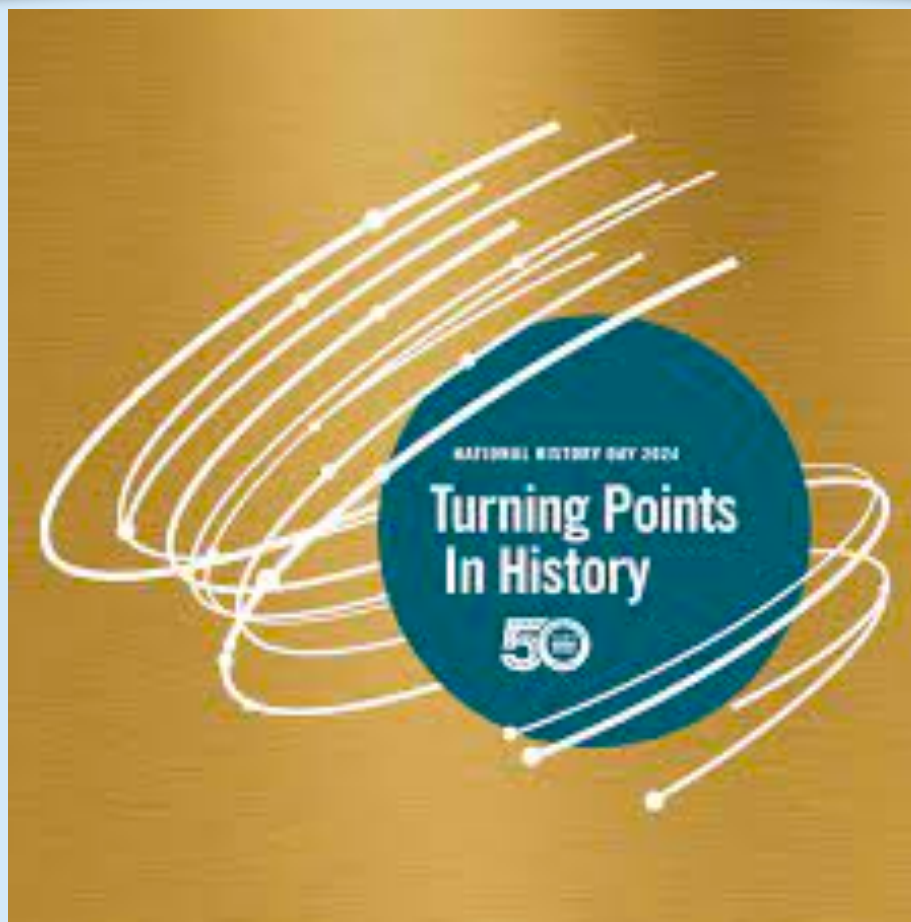
joseph_brienze@needham.k12.ma.us

[News from the Counseling Department 9/28:](#)

If you missed the Senior Parent Night presentation, you can find the recording as well as the slide deck [HERE](#), on the NHS Counseling Department [website](#). Be sure to keep up with the latest news on the NHS Counseling Department [News Feed/Current Information](#) and mark your calendars for upcoming parents evenings!!

National History Day Parent Information Night 10/18

All parents of students taking part in this year's National History Day Project are invited to attend an information night on Wednesday, **October 18 at 6:30 pm** in room **728**. The teachers will present a summary of the entire project and answer any questions. The theme this year is "Turning Points in History." All Grade 10 Social Studies accelerated students do the National History Day Project. Hope to see you there.



SENIOR PORTRAITS

- There are upcoming sessions available at the school on **10/10, 10/12, 10/18**
- Students can sign up on the Coffee Pond website using the code **NHS2024**
- Any Senior that wishes to be included in the Class of 2024 yearbook must have their *Senior Portrait* taken by **Coffee Pond**, no exceptions or outside portraits
- Senior Portraits are different than the images taken on school picture day- they are individual sessions that you sign up for; see Mr. Jean's letter for information
- Speak with Ms. Bergeron (Katherine) for financial assistance for the sitting fee
- All portraits for the yearbook must be chosen by **11/30/2023**

STUDENTS TAKING AP CLASSES:

- Payment for AP exams are due by **October 30th.**
- Payment is made through MySchoolBucks
- Fee waiver requests should be made directly with Mr Grannan (will_grannan@needham.k12.ma.us). Do not pay in MySchoolBucks if you are requesting a fee waiver.
- All exams are \$113, with the exception of AP Seminar (\$143)
- If you are enrolled in an AP class and don't intend to take the exam, email Mr Grannan so he can remove your exam from the AP order

In case you missed it, notices from NPTH 9/28:

Math Help available!

Wednesdays: 9:00am-12:45pm

Come to the Math and Science office Room 205

Please note: This schedule may vary on occasion during the school year.



Needham High School WRITING CENTER

What we are: A peer tutoring service. Students can come for help on any writing assignment for any subject.

Who we are: Juniors and seniors who are skilled writers, recommended by their English teachers, trained as peer tutors.

Where we are: LIBRARY CLASSROOM (new location)

When we meet: During X-block on Tuesdays and Thursdays (new time) Students must sign up for X-block Writing Center with adaptive scheduler on PowerSchool.

AND after school on Wednesdays (also in Library Classroom)
No appointment necessary for after school Writing Center -- just walk in!

THE ADVOCATE



2024 NHS YEARBOOK

ORDER NOW \$75

**PLEASE PURCHASE YOUR YEARBOOK DIRECTLY
THROUGH WALSWORTH AT**

WWW.YEARBOOKFOREVER.COM

BY SEARCHING FOR NEEDHAM HIGH SCHOOL

**PRE-ORDER YOUR BOOK BY
JANUARY 31, 2024
TO GUARANTEE YOUR PURCHASE!**

FINANCIAL SUPPORT AVAILABLE!

**PLEASE REACH OUT TO MS. KATE BERGERON
IF YOU HAVE ANY QUESTIONS
KATHERINE_BERGERON@NEEDHAM.K12.MA.US**



NEEDHAM HIGH SCHOOL
CRAFT & Bake Sale
FAIR
October 28
9 AM - 3 PM

Mark your calendars now for the NHS Craft Fair and Bake Sale. Get your Holiday shopping done early! **Saturday Oct. 28, from 9am-3pm** at Needham High School.

We will have 100 local vendors selling handmade high-quality items and an amazing bake sale with items baked by community members and donated from local restaurants and bakeries.

Admission is free this year! We kindly ask that you make a donation to the NHS Parent Teacher Council to support our school and the student population.

In case you missed it, notices from NFTH 9/28:



Cybersecurity Festival

Saturday, 10/21/23 | 10:00 AM -1:00 PM
MassBay Community College – Wellesley Campus

Join us for a fun day to celebrate Cybersecurity Month. Play cyber games, meet students and professionals, and see how cybersecurity affects your life.

For high school and college students, their families, and adults.

CLICK TO REGISTER

Registration not required but preferred.

For information contact: Elaine Rosenberg, erosenburg@massbay.edu



This work is supported by the National Science Foundation under grant no. DUE-2100114

Interested in AI or Quantum Computing?

The Coding School is offering two, no cost two-semester courses in Artificial Intelligence and Quantum Computing for high school students. The courses officially start on **October 8th**, and we'll have orientation and Python training in the weeks prior for any students enrolled before then. For more information, visit the-cs.org/courses.

About Our Courses

- Our two-semester courses in AI and in Quantum Computing are taught virtually with live instruction from researchers at top universities (Stanford and Columbia).
- Over 3-5 hours/week for two semesters, students in both courses gain real-world tech skills, program in Python, discuss emerging tech ethics, hear from speakers in academia and industry, and end the year by completing capstone projects.
- The courses have few to no prerequisites and are designed specifically for high-school students and teachers.
- The AI course is no cost to all accepted students. For more information, visit the-cs.org/courses.

How to Apply:

- Apply through the application links in this flier. We're accepting students on a rolling basis until **October 5th**. Spots are limited, so the sooner you apply, the better!

*Needham
Community news!*



Registration for the Spring 2024 Season now available on TeamSnap, our new registration tool!

While our new website has currently been delayed in going live, you can find information on the spring leagues via the link below:

[Information on each of the spring leagues from Kindergarten to Big Diamond, and a Little League Age Chart](#)

Registration for Kindergarten, 1st Grade, 2nd Grade, Intermediate and Big Diamond will remain open until February 1st, 2024.

If you have questions about the programs, or Needham Baseball in general, please reach out to needham.majors.director@gmail.com and we will put you in contact with the right person.



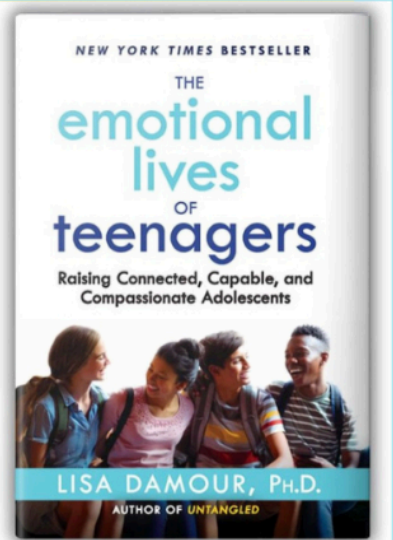
Mindful Discussion on The Emotional Lives of Teenagers by Dr. Lisa Damour



Dr. Lisa Damour co-hosts the Ask Lisa podcast, works in collaboration with UNICEF, and is recognized as a thought leader by the American Psychological Association. Website: drlisadamour.com

Come join Dr. Lisa Damour the author of three New York Times best sellers: Untangled, Under Pressure, and The Emotional Lives of Teenagers for clear, research-informed explanations alongside illuminating, real-life examples, that gives parents the concrete, practical information they need to steady their teens through the bumpy yet transformational journey into adulthood.

**On Zoom Wed, Nov 8th, 2023
7:00 - 8:00pm**



Brought to you by:



REGISTRATION IS FREE TO ALL

For more info:
Christine Weitzel, LCSW
cweitzel@needhamma.gov
Cathy Wong
cwong@needhamcouncil.org

**REGISTER USING LINK BELOW
OR SCAN QR CODE
WWW.NEEDHAMPROGRAMS.COM**



Needham Drug Take Back Day



**Don't let your unused or expired drugs
fall into the wrong hands**

When

**Saturday, October 28,
10 am - 2 pm**

Where

**Needham Police Station
88 Chestnut Street**

Know before you go We Will Accept:

**Unused and expired
prescription and over
the counter drugs**

We Will Not Accept:

**Needles* thermometers,
inhalers, medical waste,
or illegal drugs.**

*Needle disposal available at Needham RTS



Needham Division of Public Health, Karen Shannon,
kshannon@needhamma.gov
Partnership of the Needham Public Health Division,
Needham Police Department and the
Substance Prevention Alliance of Needham (SPAN)

BULLETINS AND OTHER INFO

REQUEST FOR REDUCTION OF FEES FORM

Please complete [this](#) form, if your family is experiencing financial hardship and you would like to be considered for a reduction of school related fees.

Follow and Like Us on Social Media

Twitter: @needhamfpa

Insta: @needhamfpa

FB: Needham Fine and Performing Arts Department



Lost and Found

Students who find lost items can bring them to the lost and found area located in the Main Office. Students who lose items are welcome to come to the Main Office where they can fill out the Lost and Found form. The lost and found bin will be available throughout the school year and items are typically donated before school breaks if they are not claimed.

Helpful suggestion: Labeling items such as lunch bags or articles of clothing with a student's name can make it easier to locate the owners when belongings are misplaced.