

NEWS FROM THE HILL

Welcome back!

Save the date!

Wednesday, August 30 - First day of school

Monday, September 4 - No School (Labor Day)

Tuesday, September 5 - Thursday, September 7 - Auditions for Needham High School's student-led a cappella groups (9/5-9/6 from 3-5:30 pm, 9/7 from 3-4:15 pm)

Tuesday, September 12 - Deadline to submit Parking Permit Forms (Seniors)

Friday, September 15 - Picture Day

Monday, September 25 - No school (Yom Kippur)

Thursday, September 28 - Open House - Meet your student's teachers! 6:30-8:30 pm



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				CPT 7:30 - 8:25 (55)
BLOCK 1 8:00-9:20 (80)	BLOCK 1 8:00-9:20 (80)	BLOCK 1 8:00-9:20 (80)	BLOCK 1 8:00-9:20 (80)	BLOCK 1 8:35-9:55 (80)
X-BLOCK 9:25-9:55 (30)	X-BLOCK 9:25-9:55 (30)	Advisory (no movement) 9:25-9:55 (30)	X-BLOCK 9:25-9:55 (30)	
BLOCK 2 10:00-11:20 (80)	BLOCK 2 10:00-11:20 (80)	BLOCK 2 10:00-11:20 (80)	BLOCK 2 10:00-11:20 (80)	BLOCK 2 10:00-11:20 (80)
BLOCK 3 *11:25-12:45 LUNCH (50)	BLOCK 3 *11:25-12:45 LUNCH (50)	BLOCK 3 *11:25-12:45 LUNCH (50)	BLOCK 3 *11:25-12:45 LUNCH (50)	BLOCK 3 *11:25-12:45 LUNCH (50)
BLOCK 4 12:50-1:40 (50)	BLOCK 4 12:50-1:40 (50)	BLOCK 4 12:50-1:40 (50)	BLOCK 4 12:50-1:40 (50)	BLOCK 4 12:50-1:40 (50)
BLOCK 5 1:45-2:35 (50)	BLOCK 5 1:45-2:35 (50)	BLOCK 5 1:45-2:35 (50)	BLOCK 5 1:45-2:35 (50)	BLOCK 5 1:45-2:35 (50)



PICTURE DAY 9/15



NHS Photo Day!

Friday, September 15, 2023

Day #4

Location: B Gym

Schedule for Friday,
September 15, 2023:

Period B: Grade 9

8:35 - 9:55 (Block 1)

8:15 - 8:35 600s & 800s

8:35 - 8:45 900s & 100s & Students in Cafeteria

8:45 - 9:05 200s, 400s, & 450s

9:05 - 9:25 700s, 750s & others

Period C: Grade 10

10:00-11:20 (Block 2)

9:50 - 10:15 600s & 800s

10:15 - 10:40 900s & 100s

10:40 - 11:00 200s, 400s, & 450s

11:00 - 11:20 700s, 750s & others

Period D: Grade 11

11:25-12:45 (Block 3 = Lunch block)

11:25 - 11:45 FPA, Science, Wellness

11:50 - 12:15 English, Math, Study Seminar, Media

12:20 - 12:45 Social Studies, World Languages, Skills/PLC/ELL

Period E: 12:50-1:40 - Open Session

Open session for all staff, students (late arrivals), and grade 12 students who are not having a senior portrait taken.

All students in Grades 9-11 will have their photo taken on Friday, September 15, 2023. The schedule for reporting to the B Gym is detailed below. *Reminders: no props or accessories are allowed. Masks are not allowed to be worn for photos.*

Note for Grades 9-11 Students | Purchasing Photo Packages:

Students who have not ordered their photo package online, will need to **bring their photo order envelopes with them.**

Note for Grade 12 Students:

Grade 12 students who have chosen to not have a senior portrait taken are asked to report during Period A/Open Session, so that a photo can be taken for their school ID and PowerSchool.

NHS Staff:

All NHS staff are invited to have their photo taken for the yearbook. Staff can stop by the B Gym throughout the day until 1:40.

Process:

Please see the schedule below for classes going to the B-Gym





Picture Day is coming!

Needham High School

Picture Day is **Friday, 9/15/23**

We have made it easy for you to place your portrait order online and support your school! A portion of the proceeds of every order placed on or before Picture Day are returned to your school to support fundraising efforts. Just follow these simple steps:

1. Scan the QR code or go to www.coffeepond.com and click on the big red button that says "Order School Portraits and shop our exclusive products".
2. Using the drop-down menu, select the city and state where your school is located, then select the name of your school.
3. Enter your child's information, including full first name (as it appears in the school's registry).
4. Select your packages and add them to your cart.
5. If you have more than one child attending this school, click "Order for Another Child" and repeat the steps above.
6. Once you've added packages to your cart for all your children, you're ready to check out! Follow the prompts to enter your contact and billing information. Once all your information has been entered and you've reviewed your order, just be sure to click "Submit Order"!



Orders placed after Picture Day may be subject to a \$7 handling fee.

Need assistance? Email lifeguards@coffeepond.com or call (508) 907-6633 ext. 0

In case you missed it:

News From the Hill, Summer 2023 edition!

View here:

<https://docs.google.com/document/d/1523NNGWcltWRJIyOx7cmzy359lRX2E5yEOI8qhf274/edit#heading=h.npItlmxhlrs1>



Auditions for Needham High School's student-led a cappella groups will be held after school on **Tuesday, September 5th** and **Wednesday, September 6th from 3-5:30pm**, and on **Thursday, September 7th from 3-4:15pm** in the **music wing**. Auditionees will sing 30-60 seconds of a verse and chorus of a song of their choice, and should be prepared to sing scales and sing with the group. A sample of vocal percussion (or beatboxing) is encouraged, but not required!

Needham High School has 4 a cappella groups: Counterpoint (audition-only, all voice parts), Fermata Nowhere (no auditions, all treble voices), Treble Rebels (audition-only, treble voices), and The Subway Dwarves (audition-only, all tenor/bass voices). Auditionees are welcome to try out for all desired groups using this sign-up sheet, and will indicate their group preference following auditions, in case they are admitted into multiple groups. Final lists should be posted by the end of the week, in time for the first rehearsal at Needham High School on Sunday, September 10th from 6:30-9pm!

*The **Link** to sign up for auditions is below:*

<https://docs.google.com/spreadsheets/d/1X6wASfJRpqX7VysKwwgX8Ilc9ww4o138mdxHPf6oug/edit>

A Message from Dana Plunkett, Director of Counseling

Parents & Guardians,

As I have been transitioning in my role as the Director of Counseling, 7-12, I have been speaking with members of the staff and administration about their experience with the Counseling Department. Part of my entry plan includes wanting to hear from you, the parents and guardians. I invite you to complete this [brief survey](#) to offer your feedback and suggestions on how we can best meet the social/emotional/academic needs of our students. I appreciate your time in doing so and look forward to reading your responses.

Dana Plunkett

Director of Counseling, 7-12



SPAN and the Needham High PTC Presents Special Host:



*What parents need to know to
keep kids safe.*

Attorney John Schefft, Needham Police Chief John Schlittler, and Dr
Paula McEvoy discuss the Massachusetts Social Host Law.

The **Link** to watch the video:

<https://youtu.be/S1pUehD3ofg>

The PSAT is Coming to Needham High!

For 11th and 10th graders:

-The PSAT will be offered at Needham High School on Saturday, October 14th.

-For juniors, the results are used for National Merit (NMSQT) Scholarship eligibility (non-juniors are not considered for NMSQT eligibility).

-Payment and registration through MySchoolBucks.

-Cost \$34

-Registration is open in MySchoolBucks from Sept 5th - October 1st.

-For any issues paying through MySchoolBucks or requests for Fee Waivers, please see Mr. Grannan in the Guidance Office or email will_grannan@needham.k12.ma.us.

-The PSAT this year is DIGITAL.

Learn more about the NEW Digital PSAT from the College Board @ <https://satsuite.collegeboard.org/psat-nmsqt/preparing>.

REQUEST FOR REDUCTION OF FEES FORM

Please complete [this](#) form, if your family is experiencing financial hardship and you would like to be considered for a reduction of school related fees.



PARKING REMINDERS

While permitted parking has not started, students are welcome to park in the upper lot in the student-designated spaces (white-lined parking spots).

Here is a reminder of the expectations:

- **Students may NOT park in any visitor spaces, or staff parking during the school day**
- **Students may NOT create their own parking spaces** (ex. the hashed areas in the lot, on the hill leading to Rosemary St., etc)
- **Please drive slowly and carefully.**
- We are monitoring this, and if you are parking in undesignated spaces, you will not be eligible to receive a parking permit. Please get to school early to ensure you are able to park and get to class on time.

If you have any questions about parking, please visit Mr. Jean (GLO) or Ms. Doherty (Main office).



NHS Parking and Traffic Policies

Please read the following parking and traffic policies carefully. If you have questions, please contact Mr. Pierre Jean.

SENIOR STUDENT PARKING PERMITS

Only seniors can apply for a parking permit. Parking permits provide students permission to park in designated on-campus student parking areas. A permit does not guarantee a parking spot. Only one permit per student will be issued. Seniors will receive a separate communication containing information as to when permits may be purchased. The permit fee for 2023-2024 is \$115.00.

Seniors who choose not to purchase a parking permit, or underclass students with licenses, may park in identified and available spaces in the Memorial Field parking lot free of charge. All traffic rules and expectations must be followed or violators face tickets and/or towing.

NHS student parking rules and regulations will be strictly enforced:

Students are expected to drive with caution when entering and leaving the NHS campus and while driving on adjacent streets.

The speed limit on campus is 10 mph. Any cell phone use while driving is strictly prohibited.

Parking permit number must match the vehicle(s) license plate number(s) as recorded.

Students may purchase one (1) parking sticker. If it is lost or stolen, a replacement fee will be applied.

Students are not allowed to park in staff lots, or visitor or handicapped parking spaces.

Permits are NON-TRANSFERRABLE. If it is found that a student loaned, sold, or gave their parking permit to another student, all students involved will lose parking privileges for the school year.

If a student drives multiple vehicles, the permit may be used with the vehicle they are driving to school that day. All vehicles must be registered to that specific permit.

Students are expected to place trash in the receptacles available. If the parking lot is found to have excessive trash, the entire lot may be closed to ALL students.

NPS/NHS is not responsible for theft or damage to vehicles or a vehicle's contents.

Vehicles that do not display a valid parking permit, or are parked in a staff, visitor, or handicapped parking space will be subject to towing at the vehicle owner's expense.

SNAP Parent Portal for Health Services

We ask Needham Families to update your child's medical information each year in the **Alerts and Conditions Tab** and to give permission for Over-The-Counter Medication in the **Medication Tab**. This current information is important for nurses to be able to best care for your child. This update in SNAP is taking the place of the nurse form in PowerSchool.

The SNAP Health Parent Portal is an online platform that gives you direct access to your student's school health record, permissions, and direct communication with nurses.

You can use the SNAP Health Portal to:

- Give permission for your child to have Over-the-counter medications during this school year including Tylenol/Acetaminophen, Motrin/ibuprofen, bacitracin, Caladryl, Cough drops [8 years and up], Hydrocortisone, and Antacid/TUMS. This permission must be given each school year.
- Inform the nurses of medical conditions, alerts, and medication
- Send secure messages directly to the nurses
- Upload a copy of your child's physical exam forms, orders, or documents
- Access Needham Public School medical forms

Parents/Guardians receive an email from SNAP Parent Portal (from: noreply@studentehr.com) with login instructions including a username and password. Once registered, see instructions below.

- **SNAP Health Parent Portal Log in:** Click www.studentehr.com to log into the SNAP Health Parent Portal.
 - If you forget your password, please click "Forgot Password?" under the password box to reset.
 - **IMPORTANT:** Email notifications sent from the Nursing Department via the SNAP Health Portal will come from the email address noreply@studentehr.com.

You may navigate through the following sections which are found on the left side of the SNAP dashboard. Instructions for each of the Health Record Left Sided Tabs are as follows:

Demographics/Contacts Tab:

- Demographic updates need to be done in the PowerSchool platform

Alerts and Conditions Tab:

- Check that any listed conditions are correct, if they are not, you can make the changes for nurses to review.
- Please add any current medications that your child is currently taking in the “medications: current” tab.
- Please add any new conditions under the “Parent Reported” tab. **Written documentation from your healthcare provider is required** in order for the nurse to confirm the new health condition.
 - Click "Attach Documentation" and upload documents as a pdf or jpeg.
- Check current health information. If the information is correct, simply press the CONFIRM button at the top of the screen.

Medications Tab:

- Using the **“Orders” button** in the top right corner, you may attach any prescribed medication doctor order(s) from your child's doctor and any medication parental consent form(s) which are required for the school nurse to give medication to your child.
- Please use the **OTCs button** in the upper right hand corner to confirm which over the counter medication your child may have during this school year. Please click on EACH medication to opt your child in or out.

Charts:

- If your child requires any monitoring of blood glucose, peak flow, or blood pressure, this is where you will find charts documenting these values.

Screenings:

- Using the **“Upload Proof of Physical”** tab in the upper right hand corner: Upload physical exam. You can also attach any documentation from a health care provider regarding a screening referral.

Letters:

- This tab also allows your school nurse to attach forms which you can then read and if applicable, sign and send back to your school nurse.

Messages:

- This allows you to contact the school nurse at any time during the school year and will alert the school nurse with any messages you send. **You can also attach or upload any other information** that you would like to have in your child's health record when you create a new message.

Forms:

- You can access Needham Public School forms here: Plans for: Allergy, Asthma, Diabetes, and Seizures, parent permission forms for medication, and Doctor's



NEEDHAM HIGH SCHOOL

OPEN HOUSE SCHEDULE

THURSDAY, SEPTEMBER 28, 2023

The Needham High School Open House for all Parents and Guardians will be held on **Thursday, September, 28, 2023**, beginning at **6:30 p.m.**

Parents and Guardians will have an opportunity to visit their child's classes. The schedule will follow a Day 1 rotation. It will be helpful for you to have your child's schedule. The template below is provided for your convenience.

TIME	PERIOD	COURSE	TEACHER	ROOM #
6:30-6:45	HOMEROOM			
6:50-7:00	A			
7:05-7:15	B			
7:20-7:30	C			
7:35-7:45	D			
7:50-8:00	E			
8:05-8:15	F			
8:20-8:30	G			

Do you like to Argue or Act?

Want to improve your persuasion, public speaking, acting/performance, research and writing skills while earning awards along the way? Make friends throughout the USA?

Join the award-winning and nationally-recognized NHS Speech and Debate Team

Attend ONE of our Informational meetings, Wednesday and Thursday September 6/7 after school in 728B,

or (for those with after-school conflicts Thursday September 7 at 6:30pm via Zoom. Or email head coach Mr. Wexler at pjwexler06@gmail.com

Paul Wexler is inviting you to a scheduled Zoom meeting.

Topic: Novice Opening Meeting Zoom Version

Time: Sep 7, 2023 06:30 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://needham-k12-ma-us.zoom.us/j/82365466173?pwd=TVMxb2VJRm9YbENxNzRXOUNzdDZCdz09>

Follow and Like Us on Social Media

Twitter: @needhamfpa

Insta: @needhamfpa

FB: Needham Fine and Performing Arts Department



BULLETINS AND OTHER INFO

High School Lunch Menu August/September 2023

All Meals are FREE to all students!
Ala Carte Items are an extra cost



Monday	Tuesday	Wednesday	Thursday	Friday
		30 CRISPY CHICKEN TENDERS Fresh Corn on The Cob RICE PILAF Light Italian Salad	31 PASTA WITH PESTO & CHICKEN Roasted Local Carrots Artesian Salad with assorted dressings	1 GILL'S PIZZA Bean of the Day Light Caesar Salad Ice Cream
4 HAPPY LABOR DAY	5 FRENCH TOAST CHICKEN SAUSAGE PATTY Hash Brown Potatoes 100% Fruit Juice Spinach Salad with Craisins and Feta	6 PRINCIPAL SICOTTE'S CRISPY CHICKEN SANDWICH Baked Potato Chips Dill Pickle Chips Homemade Cole Slaw	7 PASTA with MEATBALLS OR DEEPLY ROOTED VEGAN PEA CRUMBLES Grated Parmesan Cheese Local Mini Peppers Tomato Basil Mozzarella Salad	8 GILL'S PIZZA Bean of the Day Light Caesar Salad Pudding
11 EGG, CHICKEN SAUSAGE & CHEESE ON A CROISSANT Hash Brown Potatoes 100% Fruit Juice Mandarin Orange Salad	12 CHICKEN & CHEESE QUESADILLA Salsa & Sour Cream Sweet Corn & Black Beans Mexican Side Salad	13 GOURMET BURGER with Cheese & Bacon Seasoned Spiral Fries Caribbean Cole Slaw	14 CHEESE RAVIOLI with Italian Style Sauce Fresh Local Broccoli Tomato Basil Mozzarella Salad	15 GILL'S PIZZA Bean of the Day Light Caesar Salad Chocolate Chip Cookies
18 POPCORN CHICKEN Steamy Mashed Potatoes Roasted Zucchini and Summer Squash WARM BISCUIT	19 DELI STYLE BEEF HOT DOG Crinkle Cut Fries Caribbean Cole Slaw	20 MUNCHO NACHOS (Seasoned Turkey & Cheese Sauce) OR DEEPLY ROOTED VEGAN PEA CRUMBLES Salsa & Sour Cream Sweet Corn Mexican Side Salad	21 ALFREDO PASTA W/ BROCCOLI & CHICKEN OR DEEPLY ROOTED VEGAN PEA CRUMBLES Green Beans Grated Parmesan Cheese Tomato Basil Mozzarella Salad	22 GILL'S PIZZA Bean of the Day Light Caesar Salad Ice Cream
25 No School Rosh Hashanah	26 BUFFALO CHICKEN WINGS OF FIRE Steamy Mashed Potatoes Carrot & Celery Sticks WARM BISCUIT	27 SWEET BABY RAYS PULLED PORK SUB Crispy Onion Rings Homemade Cole Slaw	28 PASTA with MEATBALLS OR DEEPLY ROOTED VEGAN PEA CRUMBLES Grated Parmesan Cheese Roasted Local Carrots Tomato Basil Mozzarella Salad	29 GILL'S PIZZA Bean of the Day Light Caesar Salad Ice Cream

This institution is an equal opportunity provider.

Daily Lunch Options:

- Various "To Go" Salads
- Smucker's WG Uncrustables
- PB&J Pockets
- Hamburger (except Beefless Monday's)
- Chicken Patty Sandwich (Plain & Spicy)
- Vegetarian Burgers and Nuggets
- Pizza

All Entrees served with Veggies, Fruit and Milk

Everyday Entree Nutritionals

Lost and Found

Students who find lost items can bring them to the lost and found area located in the Main Office. Students who lose items are welcome to come to the Main Office where they can fill out the Lost and Found form. The lost and found bin will be available throughout the school year and items are typically donated before school breaks if they are not claimed.

Helpful suggestion: Labeling items such as lunch bags or articles of clothing with a student's name can make it easier to locate the owners when belongings are misplaced.



What is Meal Magic Family Portal?

Meal Magic Family Portal combines features that previously were available elsewhere but required you to visit multiple websites. Now, all food service activity can be accessed through a single site.

You can use Family Portal to view balances, see account and purchase histories, make deposits, transfer money among family members, set parental controls, apply for meal benefits, **complete household information reports**, and order meals. Some schools might not offer all of these features.

Important Information for SendMoneyToSchool.com (SMTS) Users

Your SMTS account did not transfer automatically to Family Portal. You must create a Family Portal account; however, if you use the same email address as you used for SMTS, your family members will transfer and be approved for immediate access once you finalize your registration.

Registration Tips

Before registering, add *.familyportal.cloud as a safe domain email sender in your email app. If you think you did not receive an email, try looking in your spam folder. If it's there, be sure to mark it as safe for future email messages.

We are not able to send email to services that do not support TLS 1.2, which is a security measure to protect your privacy.

If you get a message about not being able to access your account, try using the **Forgot My Passphrase / Unlock Account** option under **My Account**.

Registering (Creating an Account)

Registering an account has two parts. In the first part, you will be asked to enter your email address and agree to the site's Terms of Use and Privacy Policy, after which an email will be sent to you.

Email is sent to confirm that you have access to the address you used. If you click the link that is in the email, you will be returned to Family Portal to complete the second part of registration, which entails entering your real name and setting a passphrase to protect your account.

Registrations must be completed within 20 minutes. If you take too long, you will need to click the **Forgot My Passphrase / Unlock Account** option.

1. Click **My Account**.
2. Enter your email address.
3. Do not enter a passphrase.
4. Click **Submit**.
5. If you receive a message about your passphrase being wrong, you are already registered, in which case you will need to enter your passphrase and click **Submit**.
6. If you are asked if you want to register an account, click **Yes**.
7. Read and **Accept** the Terms of Use and Privacy Policy.
8. Check your email for activation instructions.
9. Click the link in the activation email.
10. Enter your first and last name and set a passphrase.
11. Click **Submit**.

Important Note About Passphrases

A passphrase is similar to a password but usually is longer and

has fewer restrictions on format. Your passphrase will be tested against a database of passwords that are known to have been compromised on other websites and will be rejected if a match is found.

For security, never use the same passphrase on more than one website, and never share your passphrase.

My Account

After successfully completing registration, you will use **My Account** whenever you want to access your account.

If you have forgotten your passphrase, enter your Username and click on **Forgot My Passphrase / Unlock Account**.

Adding Family Members

When logged into Family Portal, you will have the ability to add family members to your account by using the **Add Person** button. Minimally, you will need to know the ID Number assigned by the school to the person along with the person's first and last name. The school might require additional details, such as birthdate.

Before you can access information for a person attached to your account, your school district must approve your access to them. Once approved, you will be able to see balances, settings, and histories.

Adding Money for Family Members

When you are logged into your account, click the **Deposit** button when you want to add money for family members. Enter an amount for each person you want to give money and then click **Check-Out** to see your payment options. Click the payment method you want to use, provide the requested information, and click the **Pay** button.

Applying for Benefits Using Your Account

If you are logged into your account, you can apply for meal benefits or complete a household information report by clicking **Benefits** at the My Account home page. Due to confidentiality rules imposed by USDA, you will not be able to view the meal benefit determination through Family Portal. Instead, your district will send you a letter or email.

Applying for Benefits as a Guest

The **Apply for Benefits** option allows you to submit an application for meal benefits or to complete a household information report without having an account. You cannot make deposits or do anything else as a guest. Completing a document as a guest will not establish an account for you. If the button is not clickable, the school is not accepting documents.

How-To Videos

Click the **How-To Videos** button if you want to view videos about using Family Portal. Topics include *Setting Up a New Account*, *Making a Deposit*, and *Customer Options*.

Questions

You must contact your school if you have questions about your account or family members. Your information is saved with your school's private data and is not accessible by Meal Magic Corporation.

For your protection, no credit card or banking information is stored by Meal Magic Family Portal.

A MESSAGE FROM YOUTH & FAMILY SERVICES

Peer Tutor Program matches elementary and middle school students (grades 3-8) to high school students (grades 10-12) to meet once weekly for academic support at the Needham Public Library! High school tutors will receive community service credit for their participation and must submit an application and go through an interview process. Spots are limited for both tutors and tutees. When: October 2023-March 2024. More details and registration here: <https://needhamprograms.myrec.com/info/activities/default.aspx?CategoryID=1550&type=>

We are excited to offer a **Youth Mental Health First Aid** certification course, which is an interactive course designed to teach adults who work with youth how to understand signs of mental health and substance use challenges, how to respond to these challenges and connect youth with help. This program is crucial for adults to help address the mental health crisis our young people are experiencing and offers expanded content on social media use, trauma, and bullying behavior. Teachers, school staff, coaches, youth group leaders, camp counselors, and anyone who works closely with youth are strongly encouraged to take advantage of this program. Virtual course offered on September 27, 2023 and in-person offered October 24, 2023. More details and registration here: <https://needhamprograms.myrec.com/info/activities/default.aspx?CategoryID=1550&type=>

