

# NHS NEWS FROM THE HILL

Thursday, October 20, 2022

## Athletics - Rocket Review

<https://needhamhigh.bigteams.com/>



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## 🌀 Save the Date 🌀

**Saturday, October 22** - Needham PTC Craft Fair, 9:00 AM - 4:00 PM, A & B Gyms

Fall Festival for children K-5, 3:00 PM - 5:00 PM, 100's hallway

**Monday, Oct. 24 - Thursday, Oct. 27** - Circle of Hope Coat Drive sponsored by Girls Soccer, Main Lobby

**Tuesday, October 25** - SEPAC Monthly Meeting, 12:30 PM, Virtual

**Fri. - Sun, October 28, 29 & 30** SAMD Musical, Addams Family, Newman Auditorium, purchase tickets below

**Wednesday, November 23** No school - Professional Development Day

**Thursday, November 24-Friday, November 25** - No school - Thanksgiving Holiday

**Wednesday, November 30** Photo Make-up Day, 8:00 AM - 11:00 AM, Cafeteria - no appt necessary

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**WE'RE  
BACK!!**

## **NHS Craft Fair and Bake Sale**

**Saturday, October 22  
9 AM to 4PM**

**Needham High School  
A & B Gyms**

### Event Information

#### **NHS Craft Fair and Bake Sale!**

#### **THIS SATURDAY!**

**Come to the NHS Craft Fair and Bake Sale!**

Saturday October 22nd from 9am-4pm at Needham High School  
(easy parking at the school or at Memorial Field)

Shop from ~100 vendors, crafters and local artists like the ones featured below.  
Take part in a raffle to win items!

Stop by the Bake sale to have a delicious croissant made by Petit Four, enjoy Italian breads, pizza right from an Italian kitchen, cakes by Hazel's Bakery, and other amazing baked goods. We will also be raffling off 3 beautiful baskets with gift cards!

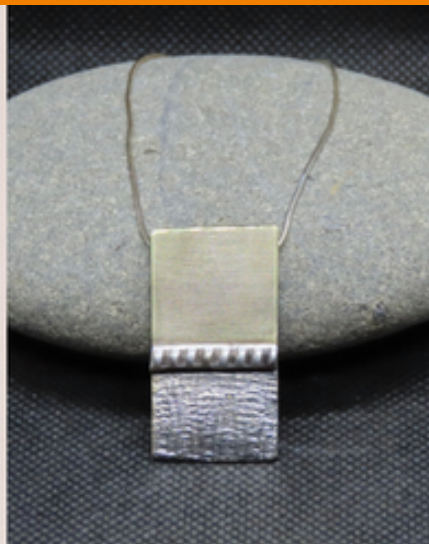
#### **All proceeds go to the Needham High School PTC**

- \$10 general admission
- \$5 for seniors
- Students get in free

**Don't miss this great event - we can't wait to see you there!**

When?

**Sat, Oct 22, 2022, 09:00 AM**



NEEDHAM  
CRAFT  
FAIR  
10/22 AT  
THE HIGH  
SCHOOL



***Have Young Children and Want to Go to the Craft Fair? Here's a Two-fer!***





## ***Fine & Performing Arts News***

**Students Acting to Make a Difference (SAMD)** returns with their fall performance of *The Addams Family*. Friends and family of all ages will enjoy this performance!

Shows are at Newman Elementary School  
Friday, October 28 at 7pm  
Saturday, October 29 at 7pm  
Sunday, October 30 at 2pm

Purchase tickets at this link: [THE ADDAMS FAMILY Tickets](#)



THE  
**ADDAMS  
FAMILY**  
A NEW MUSICAL.

BUY TICKETS HERE!



\$10 for STUDENTS & \$15 for ADULTS



**Newman Elementary School Auditorium**

**1155 Central Ave, Needham, MA 02492**

OCTOBER 28th & 29th at 7:00pm

OCTOBER 30th at 2:00pm



# Coat Drive

Oct. 24-27

NHS Girls Varsity Soccer is hosting a coat drive for Circle of Hope! Please donate your **new or like-new coats and jackets (any size)** to help people experiencing homelessness stay warm this winter.



The coat bin will be in the Needham High School lobby from Oct. 24-27.

Circle of Hope is a nonprofit organization based in Needham, Massachusetts. The mission of Circle of Hope is to provide infants, children, and adults experiencing homelessness in Boston and MetroWest with clothing and necessities to protect and enhance overall health and personal dignity. Circle of Hope makes regular deliveries of seasonally appropriate clothing, shoes, linens, and hygiene essentials to 28 partner homeless shelters, healthcare clinics, schools, and community-based programs.



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## Need Planners? We Have Them!

We are a good month or so into the school year. Can your student be a little more organized? When you ask if they have homework, do they say "I don't know"? Lots of students are realizing that they need a good way of coordinating and tracking their days and their assignments. Well, we have the solution! We still have planners available for purchase through MySchool Bucks. I will not guarantee miracles, but I can tell you that your student will be more organized. Order your planner on [MySchoolBucks](#) for \$8 each! Please have them go to Grade Level Office (GLO) to pick them up.

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## Submit Your Entry in the NEF Gratitude Cards Art Contest!

The Needham Education Foundation is excited to announce that the 2022-2023 NEF Gratitude Cards Art Contest is now **open to all Needham Public Schools students in grades 4-12!** These cards have long served as a perfect way to acknowledge and thank NPS staff and administration, particularly during the holiday season, Staff Appreciation Week, and at the end of the school year. All proceeds from sales of the Gratitude cards go directly into funding innovative and engaging programs throughout the school district.

### How to Enter:

1. Using any media, create a piece of artwork that expresses your appreciation for NPS teachers & staff or your favorite thing about school.

2. The design should be prepared horizontally, preferably 8" high by 10" wide.
3. See all details and submit your entry at [nefneedham.org/artcontest](https://nefneedham.org/artcontest).

**Deadline for entry is Friday, October 28th.**

Winners will be chosen by the NEF Board of Directors for inclusion in this year's Gratitude Gram e-cards, and one design will be chosen to be printed and sold in local stores. Winners will be notified on November 1st. Gratitude cards will be available for purchase after Thanksgiving. For more information, go to [nefneedham.org](https://nefneedham.org).

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Event Information

**SEPAC MONTHLY MEETING**

All parents and guardians are encouraged to attend our monthly meetings where the district administrators update us on what is happening within special education in Needham, listen to our feedback, and answer questions.

[Zoom](#) • Meeting ID: 617 696 9653 • Passcode: 383531 •

When?

**Tue, Oct 25, 2022, 12:30 PM**

Where?

**Virtual**

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Event Information

**Author's Visit and Book Discussion for Parents**

The Mitchell School B.REAL Committee (Belonging, Race, Equity, Access, Leadership) and Mitchell Boston Family & Friends are excited to welcome local author Jennifer De Leon for an adult community event on November 3rd at 7:00pm in the Mitchell Cafeteria. Ms. De Leon will talk about her books [Don't Ask Me Where I'm From](#) and [White Space](#) and the power of storytelling to bring us together in community. These themes of connection and community are goals at Mitchell and across the Needham Public Schools. This event will serve as a catalyst for future opportunities for community building. The event is free and open to all, with welcome donations to support future B.REAL events.

Limited copies of [Don't Ask Me Where I'm From](#) for parents and teachers. This story recounts a METCO student's experience in a majority white suburban school district. To access, please email Mitchell School Secretary, Ms. Meagher at [heidi\\_meagher@needham.k12.ma.us](mailto:heidi_meagher@needham.k12.ma.us)

When?

**Thu, Nov 3, 2022, 07:00 PM**

Where?

**Mitchell Elementary School cafeteria**





Join **B.REAL** and  
**Boston Family & Friends**  
for a conversation with  
author

**Jennifer De Leon**



**Thursday, November 3, 2022**

**7 pm**

**Mitchell Cafeteria**

## Join Dreamfar!

Join Needham High's **Dreamfar** team and train for a marathon!

We run after school three days a week (T/W/TR) and run with the other **Dreamfar** schools on Saturday mornings starting in November. The season includes a 5k, 10k, Half Marathon and Newport Marathon in April.

If you are interested in learning more about **Dreamfar**, please reach out to Meridith Welch ([Meridith\\_welch@needham.k12.ma.us](mailto:Meridith_welch@needham.k12.ma.us)), Noah Dooley ([nkd231@students.needham.k12.ma.us](mailto:nkd231@students.needham.k12.ma.us)) or Kate Keane ([kak241@students.needham.k12.ma.us](mailto:kak241@students.needham.k12.ma.us)).



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## Volunteer Opportunity at Needham Steps Up

Needham Steps Up (NSU) is a mission-driven 501(c)3 committed to helping Needham High School students from underserved families thrive in high school and beyond. We provide one-to-one mentoring with a caring NHS staff person for all four years, along with cohort programs, community supports, and enrichment grants. NSU is looking for a volunteer to join our board as Clerk. This is a great way to get involved in our organization. The responsibilities include:

- Taking notes at the monthly meetings
- Collecting and handling the mail from our PO Box
- Working with treasurer to write checks and deposit donations

If you share our passion and are interested in this position, please send an email introducing yourself to [info@needhamstepsup.org](mailto:info@needhamstepsup.org).

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## Needham High School College Admissions Testing

Summit Educational Group is pleased to partner with Needham High School to present an informational online webinar about the standardized tests for college admissions and to offer a free proctored practice ACT at the high school. Here are the details:

**ONLINE WEBINAR FOR FAMILIES AND STUDENTS**

### COLLEGE ADMISSIONS TESTING: YOUR ROAD MAP TO THE SAT AND ACT

Wednesday, October 12  
6:30pm - 8:00pm

Registration link: [bit.ly/3DNLC8B](https://bit.ly/3DNLC8B)

### PRACTICE ACT

Saturday, October 22  
8:30am - 11:30am

Needham High School Cafeteria

Register by Friday, October 15: [mytutor.com/nhs-act-practice-oct22/](https://mytutor.com/nhs-act-practice-oct22/)

Note: If your student has accommodations, please contact Summit's main office at 617.581.6249 to make arrangements for either a free in-person or free remote practice ACT with extended time.

617.581.6249 / MYTUTOR.COM

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### Homework Club!

Homework Club Meetings will be in the library *before school* on Tuesdays and *after school* on Thursdays.

National Honor Society students will be ready and eager to help their peers with everything from regular assignments to long term projects. Students seeking help do not need reservations.

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### Need Math Help?

Math Help will be available in the Math and Science office (Room 205) on Tuesdays from 9:00-1:00.

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# Writing Center

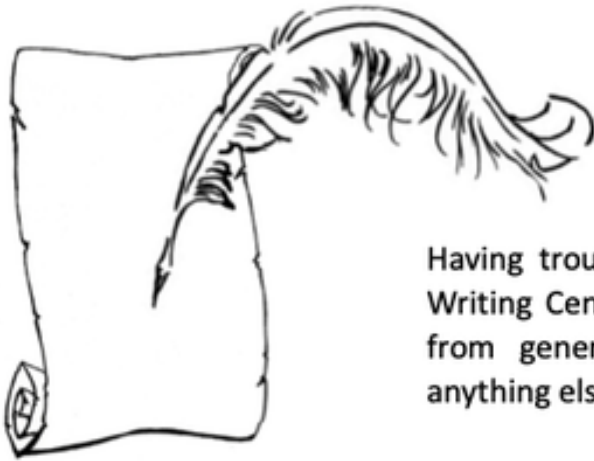
## Peer Tutoring

Tuesdays, Wednesdays, Thursdays

After School

Room 719

No Appointment Necessary



Having trouble with an essay or a paper? Come to the Writing Center to get help with any step of the process, from generating ideas to structuring arguments, and anything else in between.

We're here to help!

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## Needham School Nutrition Services is looking for some great people to help serve our students!

If you enjoy working with a great team and helping our children enjoy healthy meals, this could be the job for you! Our positions follow the school calendar and require no experience. Please contact Danielle Collins, [Danielle.Collins@needham.k12.ma.us](mailto:Danielle.Collins@needham.k12.ma.us) if you would like to apply. We have positions for everyday or you can also work as a substitute and fill in when it is convenient for you.

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## Community News

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### Volante Farms Annual PumpkinFest!

Our Annual PumpkinFest is taking place on Saturday October 29th this year. We are so excited to have this event back in person again (woo hoo!). As always, every penny raised goes directly to Newton-based [Cradles to Crayons](#), an incredible local organization that distributes essentials to kids who otherwise wouldn't have access to critical resources.



The afternoon of live entertainment and pumpkin carving kicks off at 1pm and continues until 5:30pm. Then at 6pm everyone is invited to partake in our annual Pumpkin Stroll to check out all the lit jack-o-lanterns carved throughout the day.

A \$10 admission per person includes performances, snacks and all-you-can-carve pumpkins! Kids under 2 enter free.

In an effort to make this our most successful fundraiser to date, we have added a carefully curated silent auction with many local items to bid on. **Every penny raised at this event will go straight to Cradles to Crayons!**



## Needham Drug Take Back Day

**Don't let your unused or expired drugs fall into the wrong hands**

**When**

Saturday, October 29,  
10 am - 2 pm

**Where**

Needham Police Station  
88 Chestnut Street

Walk-up  
and

Drive-thru drop off available  
Stop in and visit the new  
Station!

**Know before you go**

**We Will Accept:**

Unused and Expired  
Prescription and Over  
the Counter Drugs

**We Will Not Accept:**

Needles, thermometers,  
inhalers, medical waste,  
or illegal drugs.



Needham Division of Public Health, Karen Shannon,  
kshannon@needhamma.gov  
Partnership of the Needham Public Health Division,  
Needham Police Department and the  
Substance Prevention Alliance of Needham (SPAN)

### Event Information

### Youth & Family Free Event

We're hosting a free community event geared towards parents and families called "Mindful Resilience for Mental Health in the New Normal". We'll discuss resilience and the most common challenges our kids are facing from anxiety and depression, substance use, body image, etc and share simple takeaway tips for families and communities to utilize to emerge more resilient than ever, particularly in this "new normal" that we're living in.


Please feel free to share this among your contacts, parents, and whoever you think could benefit. Registration is free on [www.needhamprograms.com](http://www.needhamprograms.com) and we're hoping for a large turnout!

All questions can be directed to Christine with Youth & Family at [cweitzel@needhamma.gov](mailto:cweitzel@needhamma.gov)  
When?


**Wed, Nov 9, 2022, 07:00 PM**

Where?

**The Center at the Heights, Hillside Avenue, Needham Heights, MA**



## Mindful Resilience for Mental Health in the "New Normal"



**Please join Dr. Willard as we explore the foundations of resilience, discuss the most common mental health challenges our kids and teens are facing today, and discover ways to provide support through simple takeaway tips for yourself and your community**



Dr. Chris Willard, PsyD is a psychologist, author, and consultant, currently teaching at Harvard Medical School

**7:00-8:30pm**  
Center at the Heights  
300 Hillside Ave

For more info:  
Christine Weitzel, LCSW  
[cweitzel@needhamma.gov](mailto:cweitzel@needhamma.gov)

**Wednesday,  
November 9th, 2022**

**REGISTER ONLINE**  
**[WWW.NEEDHAMPROGRAMS.COM](http://WWW.NEEDHAMPROGRAMS.COM)**

*in collaboration with*  
  


**WE ARE  
HIRING**



**CALLING ALL  
NEEDHAM  
STUDENTS!**

**are you looking for local paid opportunities?**

We can help connect you with residential odd jobs, babysitting gigs, pet care opportunities and more

**do you need community service hours?**

We can help connect you with programs, local projects, and other opportunities to earn the service hours you need

**EMAIL US FOR MORE INFO!**

**[NEEDHAMYOUTH@NEEDHAMMA.GOV](mailto:NEEDHAMYOUTH@NEEDHAMMA.GOV)**

**OR CALL 781-455-7500**



**Leslie Ofer**

Leslie is using Smore to create beautiful newsletters

